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| **新北市私立及人小學附設新北市私立幼兒園餐點表 114年1月** | | | | | | | | | | | | | | | |
| **日期** | **星期** | **早 點** | **午 餐** | | | | | | | | **午 點** | **餐 點 類 別 檢 核** | | | |
| **主食** | **主菜** | **副菜一** | | **副菜二** | **湯** | | **水果** | **全穀雜糧類** | **豆魚蛋肉類** | **蔬菜類** | **水果類** |
| **1** | **三** | **元旦休假一天** | | | | | | | | | | | | | |
| **2** | **四** | **飯糰** | **地瓜飯** | **紅麴雞絲** | **客家小炒** | | **時令蔬菜** | **大骨白玉湯** | | **時令水果** | **桂圓紅豆紫米粥** | **v** | **v** | **v** | **v** |
| **3** | **五** | **海苔壽司** | **糙米飯** | **蓮藕肉片** | | **香酥雞捲** | **時令蔬菜** | **大骨海根湯** | | **時令水果** | **鮮肉包** | **v** | **v** | **v** | **v** |
| **6** | **一** | **紅豆麵包** | **紫米飯** | **鮮菇細肉蝦仁蒸蛋** | **塔香甜條** | | **時令蔬菜** | **黃豆芽湯** | | **時令水果** | **鍋燒意麵** | **v** | **v** | **v** | **v** |
| **7** | **二** | **蔥花麵包、牛奶** | **白米飯** | **彩燴芋頭雞絲** | **彩燴劍絲** | | **時令蔬菜** | **大骨味噌湯** | | **時令水果** | **綠豆珍珠甜湯** | **v** | **v** | **v** | **v** |
| **8** | **三** | **蔥油餅** | **五穀飯** | **黑胡椒肉絲** | | **酸菜麵腸** | **時令蔬菜** | **虱目魚丸湯** | | **時令水果** | **白玉鮮菇肉羹** | **v** | **v** | **v** | **v** |
| **9** | **四** | **燒餅夾蛋** | **地瓜飯** | **香酥雞絲** | **家常豆腐** | | **時令蔬菜** | **榨菜肉絲湯** | | **時令水果** | **紅豆麥片甜湯** | **v** | **v** | **v** | **v** |
| **10** | **五** | **海苔壽司** | **白醬肉絲海味義大利麵、海苔薯條** | | | | **時令蔬菜** | **柴魚黃瓜湯** | **時令水果** | | **黑糖饅頭** | **v** | **v** | **v** | **v** |
| **13** | **一** | **芋頭麵包** | **糙米飯** | **白玉鮮菇雞絲** | **醬汁豆腸** | | **時令蔬菜** | **五彩紫菜湯** | **時令水果** | | **香菇肉絲米粉湯** | **v** | **v** | **v** | **v** |
| **14** | **二** | **奶酥麵包、牛奶** | **白米飯** | **京醬肉絲** | **雞絲洋芋粗絲** | | **時令蔬菜** | **冬瓜魚板湯** | **時令水果** | | **細肉銀魚糙米粥** | **v** | **v** | **v** | **v** |
| **15** | **三** | **蘿蔔糕** | **紫米飯** | **五香炸肉片** | | **五彩白玉小丁** | **時令蔬菜** | **大骨丸片湯** | **時令水果** | | **紅豆豆花** | **v** | **v** | **v** | **v** |
| **16** | **四** | **饅頭夾蛋** | **銀魚肉鬆蛋炒飯、油香肉絲桂竹筍** | | | | **時令蔬菜** | **地瓜甜湯** | **時令水果** | | **鮮菇白玉甜條湯** | **v** | **v** | **v** | **v** |
| **17** | **五** | **海苔壽司** | **糙米飯** | **冬瓜醬鳳梨鮮菇雞絲** | **香滷油豆腐** | | **時令蔬菜** | **帶絲金菇湯** | **時令水果** | | **蔬菜包** | **v** | **v** | **v** | **v** |
| **20** | **一** | **奶油餐包** | **五穀飯** | **金黃雞球** | | **燴料羅漢** | **時令蔬菜** | **銀魚丸湯** | **時令水果** | | **白木耳蓮子枸杞湯** | **v** | **v** | **v** | **v** |

**※本園豬肉食材採用國內在地豬肉**

**※本園未使用輻射污染食品**