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| **新北市私立及人小學附設新北市私立幼兒園餐點表 114年6月** | | | | | | | | | | | | | | |
| **日期** | **星期** | **早 點** | **午 餐** | | | | | | | **午 點** | **餐 點 類 別 檢 核** | | | |
| **主食** | **主菜** | **副菜一** | **副菜二** | | **湯** | **水果** | **全穀雜糧類** | **豆魚蛋肉類** | **蔬菜類** | **水果類** |
| **2** | **一** | **紅豆麵包** | **五穀飯** | **香菇竹筍肉絲** | **榨菜干片** | **時令蔬菜** | **大骨洋芋湯** | | **時令水果** | **銀耳蓮子枸杞甜湯** | **v** | **v** | **v** | **v** |
| **3** | **二** | **芋頭麵包、牛奶** | **白米飯** | **五彩芋頭雞絲** | **紅絲炒蛋** | **時令蔬菜** | | **檸檬愛玉** | **時令水果** | **紅豆小米桂圓甜粥** | **v** | **v** | **v** | **v** |
| **4** | **三** | **蔥油餅** | **地瓜飯** | **細肉蝦仁蒸蛋** | **香燴豆皮絲** | **時令蔬菜** | | **大骨金針湯** | **時令水果** | **白玉鮮菇綜合湯** | **v** | **v** | **v** | **v** |
| **5** | **四** | **鍋貼** | **糙米飯** | **梅干細肉** | **海苔薯條** | **時令蔬菜** | | **冬瓜魚板湯** | **時令水果** | **蔬菜肉絲關廟麵** | **v** | **v** | **v** | **v** |
| **6** | **五** | **海苔壽司** | **紫米飯** | **香酥翅中** | **滷汁鳳尾筍** | **時令蔬菜** | | **海根鮮蔬湯** | **時令水果** | **黑糖饅頭** | **v** | **v** | **v** | **v** |
| **9** | **一** | **克林姆麵包** | **五穀飯** | **海味肉片** | **酸菜麵腸** | **時令蔬菜** | | **大骨黃豆芽湯** | **時令水果** | **白玉鮮菇丸片湯** | **v** | **v** | **v** | **v** |
| **10** | **二** | **奶油餐包、優酪乳** | **白米飯** | **咖哩燴飯** | **好吃雞捲** | **時令蔬菜** | | **清涼仙草** | **時令水果** | **綠豆薏仁甜湯** | **v** | **v** | **v** | **v** |
| **11** | **三** | **蘿蔔糕** | **地瓜飯** | **鮮菇玉米筍雞絲** | **客家小炒** | **時令蔬菜** | | **大骨白玉湯** | **時令水果** | **銀魚細肉糙米粥** | **v** | **v** | **v** | **v** |
| **12** | **四** | **海苔壽司** | **糙米飯** | **黑胡椒肉絲** | **白玉魚酥羹** | **時令蔬菜** | | **大骨銀魚丸湯** | **時令水果** | **紅豆豆花** | **v** | **v** | **v** | **v** |
| **13** | **五** | **飯糰** | **紫米飯** | **沙茶肉片** | **五味玉米** | **時令蔬菜** | | **榨菜肉絲湯** | **時令水果** | **蔬菜包** | **v** | **v** | **v** | **v** |
| **16** | **一** | **蔥花麵包** | **白醬海味雞絲義大利麵、麥克雞塊** | | | **時令蔬菜** | | **五彩紫菜湯** | **時令水果** | **綠豆米苔目** | **v** | **v** | **v** | **v** |
| **17** | **二** | **奶酥麵包、牛奶** | **五穀飯** | **紅燒肉片** | **燴料大黃瓜** | **時令蔬菜** | | **鳳梨甜湯** | **時令水果** | **白玉鮮菇貢丸湯** | **v** | **v** | **v** | **v** |
| **18** | **三** | **饅頭夾蛋** | **地瓜飯** | **脆瓜鮮菇雞絲** | **醬燒小三角** | **時令蔬菜** | | **大骨虱目魚湯** | **時令水果** | **鍋燒意麵** | **v** | **v** | **v** | **v** |
| **19** | **四** | **蔥油餅** | **銀魚肉鬆蛋炒飯、香酥脆薯** | | | **時令蔬菜** | | **大骨味噌湯** | **時令水果** | **紫米麥片甜湯** | **v** | **v** | **v** | **v** |
| **20** | **五** | **海苔壽司** | **紫米飯** | **蓮藕肉片** | **彩燴劍絲** | **時令蔬菜** | | **大骨鮮筍湯** | **時令水果** | **鮮肉包** | **v** | **v** | **v** | **v** |
| **23** | **一** | **紅豆麵包** | **五穀飯** | **白醬南瓜雞絲** | **醬燒麵腸** | **時令蔬菜** | | **大骨帶絲金菇湯** | **時令水果** | **鮮菇白玉甜條湯** | **v** | **v** | **v** | **v** |
| **24** | **二** | **芋頭麵包、優酪乳** | **白米飯** | **炸醬肉燥** | **五味洋芋絲** | **時令蔬菜** | | **大骨黃瓜湯** | **時令水果** | **綠豆珍珠甜湯** | **v** | **v** | **v** | **v** |
| **25** | **三** | **鍋貼** | **地瓜飯** | **蕃茄雙菇雞絲** | **花生麵筋** | **時令蔬菜** | | **大骨海根豆腐湯** | **時令水果** | **桂圓紅豆紫米甜粥** | **v** | **v** | **v** | **v** |
| **26** | **四** | **蘿蔔糕** | **糙米飯** | **鮮菇玉米筍燴肉片** | **地瓜薯條** | **時令蔬菜** | | **大骨玉米湯** | **時令水果** | **白玉鮮菇肉羹** | **v** | **v** | **v** | **v** |
| **27** | **五** | **海苔壽司** | **水餃** | | | | | **酸辣湯** | **時令水果** | **黑糖饅頭** | **v** | **v** | **v** | **v** |
| **30** | **一** | **克林姆麵包** | **五穀飯** | **金黃雞球** | **燴料羅漢** | **時令蔬菜** | | **大骨洋芋湯** | **時令水果** | **綠豆地瓜甜湯** | **v** | **v** | **v** | **v** |

**※本園豬肉食材採用國內在地豬肉**

**※本園未使用輻射污染食品**