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| **新北市私立及人小學附設新北市私立幼兒園餐點表 114年9月** | | | | | | | | | | | | | |
| **日期** | **星期** | **早 點** | **午 餐** | | | | | | **午 點** | **餐 點 類 別 檢 核** | | | |
| **主食** | **主菜** | **副菜一** | **副菜二** | **湯** | **水果** | **全穀雜糧類** | **豆魚蛋肉類** | **蔬菜類** | **水果類** |
| **1** | **一** | **克林姆麵包** | **肉絲海味義大利麵** | | **洋芋沙拉** | **時令蔬菜** | **大骨黃豆芽湯** | **時令水果** | **綠豆珍珠甜湯** | **v** | **v** | **v** | **v** |
| **2** | **二** | **蔥花麵包、牛奶** | **五穀飯** | **白醬鮮菇雞絲** | **香滷小三角** | **時令蔬菜** | **冬瓜魚板湯** | **時令水果** | **紅豆麥片甜湯** | **v** | **v** | **v** | **v** |
| **3** | **三** | **飯糰** | **白米飯** | **五香炸肉片** | **白玉火腿羹** | **時令蔬菜** | **大骨鮮蔬湯** | **時令水果** | **鮮菇白玉綜合湯** | **v** | **v** | **v** | **v** |
| **4** | **四** | **蔥油餅** | **咖哩燴飯** | | **美味雞捲** | **時令蔬菜** | **大骨虱目魚湯** | **時令水果** | **紅豆桂圓小米甜粥** | **v** | **v** | **v** | **v** |
| **5** | **五** | **海苔壽司** | **糙米飯** | **沙茶肉片** | **紅絲炒蛋** | **時令蔬菜** | **榨菜肉絲湯** | **時令水果** | **黑糖饅頭** | **v** | **v** | **v** | **v** |
| **8** | **一** | **奶酥麵包** | **紫米飯** | **細肉蝦仁蒸蛋** | **麥克雞塊** | **時令蔬菜** | **五彩紫菜湯** | **時令水果** | **銀耳蓮子枸杞甜湯** | **v** | **v** | **v** | **v** |
| **9** | **二** | **芋頭麵包、優酪乳** | **五穀飯** | **黑胡椒肉絲** | **蠔油干片** | **時令蔬菜** | **大骨玉米湯** | **時令水果** | **鮮菇白玉貢丸湯** | **v** | **v** | **v** | **v** |
| **10** | **三** | **蘿蔔糕** | **白米飯** | **香酥翅中** | **大黃瓜鵪鶉** | **時令蔬菜** | **大骨洋芋湯** | **時令水果** | **綠豆米苔目** | **v** | **v** | **v** | **v** |
| **11** | **四** | **饅頭夾蛋** | **地瓜飯** | **白醬南瓜雞絲** | **彩繪帶絲** | **時令蔬菜** | **大骨味噌湯** | **時令水果** | **紅豆豆花** | **v** | **v** | **v** | **v** |
| **12** | **五** | **海苔壽司** | **糙米飯** | **鮮菇竹筍炒肉絲、塔香甜條** | | **時令蔬菜** | **地瓜甜湯** | **時令水果** | **鮮肉包** | **v** | **v** | **v** | **v** |
| **15** | **一** | **紅豆麵包** | **紫米飯** | **金黃雞球** | **燴料羅漢** | **時令蔬菜** | **大骨白玉湯** | **時令水果** | **白玉鮮菇丸片湯** | **v** | **v** | **v** | **v** |
| **16** | **二** | **克林姆麵包、牛奶** | **五穀飯** | **炸醬肉燥** | **滷汁小四角** | **時令蔬菜** | **大骨銀魚丸湯** | **時令水果** | **紅豆紫米桂圓甜湯** | **v** | **v** | **v** | **v** |
| **17** | **三** | **蔥油餅** | **白米飯** | **冬瓜醬鳳梨雞絲、海苔薯條** | | **時令蔬菜** | **大骨海根豆腐湯** | **時令水果** | **鮮菇白玉肉羹湯** | **v** | **v** | **v** | **v** |
| **18** | **四** | **飯糰** | **地瓜飯** | **回鍋肉片** | **鹹菜干片** | **時令蔬菜** | **大骨鮮筍湯** | **時令水果** | **肉香蔬菜米粉湯** | **v** | **v** | **v** | **v** |
| **19** | **五** | **海苔壽司** | **糙米飯** | **番茄鮮菇雞絲** | **五味海劍絲** | **時令蔬菜** | **莧菜銀魚湯** | **時令水果** | **黑糖饅頭** | **v** | **v** | **v** | **v** |
| **22** | **一** | **奶油餐包** | **紫米飯** | **銀魚肉鬆蛋炒飯** | **雞汁鳳尾筍** | **時令蔬菜** | **大骨金針湯** | **時令水果** | **銀魚細肉糙米粥** | **v** | **v** | **v** | **v** |
| **23** | **二** | **蔥花麵包、牛奶** | **五穀飯** | **鹹酥雞** | **白玉魚酥羹** | **時令蔬菜** | **薑汁南瓜湯** | **時令水果** | **白玉鮮菇甜條湯** | **v** | **v** | **v** | **v** |
| **24** | **三** | **鍋貼** | **白米飯** | **京醬肉絲** | **五味玉米** | **時令蔬菜** | **大骨海芽湯** | **時令水果** | **綠豆薏仁甜湯** | **v** | **v** | **v** | **v** |
| **25** | **四** | **蘿蔔糕** | **地瓜飯** | **紅燒洋芋鮮菇雞絲、花生麵筋** | | **時令蔬菜** | **大骨金針湯** | **時令水果** | **紫米麥片甜湯** | **v** | **v** | **v** | **v** |
| **26** | **五** | **海苔壽司** | **水餃** | | | **時令蔬菜** | **酸辣湯** | **時令水果** | **蔬菜包** | **v** | **v** | **v** | **v** |
| **30** | **二** | **紅豆麵包、牛奶** | **五穀飯** | **玉米筍鮮菇雞絲** | **醬燒大黑干** | **時令蔬菜** | **番茄豆腐湯** | **時令水果** | **紅豆湯圓** | **v** | **v** | **v** | **v** |

**※本園豬肉食材採用國內在地豬肉**

**※本園未使用輻射污染食品**